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The Chief Guest of the program was Dr. Shailesh Kumar, an International Volleyball Coach and the Guest of honour was Sh. Kanishk Sharma, Director, Gyan Vihar Universe.

The dignitaries of the day along with Principal Rakesh Upadhyay unveiled the Waves poster followed by the lighting of the lamp.

Appreciating the enthusiasm of the participants the director of the school, Kanishk Sharma, said in his address that along with good education, it is also necessary to include sports in order to build a person's personality.

Swimming is a great physical and mental health booster. Children are the future of the nation.

If India wants to excel in sports, then it has to start from the school. The swimming competition started with Kanishk Ji's open meet. Director Sir, Chief Guest, Principal Sir along with the Event Director Manav Jain also unveiled the MUN poster. There were various categories for girls and boys - Freestyle, Backstroke, Breaststroke, and Butterfly stroke.

St. Xavier C Scheme School was declared the winner on the basis of overall excellent performance & Tagore International School was declared runner-up and honored with a trophy and certificate.





## **Achiever's Recipe of success**



Name-Arun Maur Topper of Commerce stream with 93.2%



A. 24 hours in a day and each day has its limited hours and every second counts. I need to manage my time with all the other activities and each day I woke up either 3 or 4 am in the early morning.

Q.2 Can you share your study routine and any specific study techniques that have worked well for you?

Rising early, going to school and self study was only my routine. It's a fact when you teach you learn faster.

Q.3 What motivates and drives you to consistently perform at a high level academically?

My inner depth, my mother's hope and family support with consistent efforts from school keeps me motivated and each thought of motivation made me push a step forward.

Q.4 How do you handle stress and pressure during exams?

The people who loves and supports you keeps you stress free Whenever I feel pressure I always found my teachers and my near ones with me.



Q.5 Are there any specific books, resources, or tools that you find particularly helpful in your studies? The resources which we already have are enough but what we have to make is our concepts strong. Solving sample paper at the last was very beneficial for the exams. Q.6 Can you share any memorable learning experiences in your academic journey? When I opted for Commerce it was the first time to learn t new subjects like Economics, Accountancy, Business studies and core Mathematics. The experience in the initial days of my learning was full of new skills. Q.7 What advice do you have for students who want to improve their academic performance? Whenever you study, do that task with enthusiasm and concentration. Learn in such a way that you will never forget it again and whole studies we should .Say hi to activeness and bye to lethargy. Q.8What are your future academic and career aspirations? I am pursuing B.Com and Chartered Accountancy course and will do further career enhancement as well! Do what you want to do and that becomes your passion. Q.9 Who is your role model? My role model is my mother who always encouraged me in every step and I am really glad to have them in my life. Q.10 What has been the contribution of your school? School was a place where I never feel stressed. Teachers always cleared all my doubts .I am thankful to their support.

